

Member Spotlight

Condition: Teen Mental Health Navigation



Health concern

Following an evaluation with his treating therapist, it was recommended that Jack, a 16 year old, receive comprehensive psychological testing. Not knowing what to do or who to see, Kira, Jack's mother, reached out to Summus to find an in-network psychologist.

Member impact

In less than 24 hours, Summus connected Kira with Dr. Rosamaria Alamo, Summus Clinical Advisor and Clinical Associate Professor of Social Work at the University of Southern California. Dr. Alamo reviewed Jack's medical records and care preferences to curate a list of providers for in-person care that also accepted Kira's insurance. The list of providers Summus delivered saved Kira so much time and the hassle of independent research. Jack is now successfully working with one of the recommended providers.



I checked in with two psychologists from the list Summus provided. The psychologist we're seeing is very responsive, comprehensive, and warm. I'm looking forward to having my son complete a psychological assessment, going through the results, and determining the best possible outcome to help my son thrive.