

Member Spotlight

Condition: Anxiety



Health concern

Ann had struggled with gastrointestinal issues, migraines, anxiety, menstrual pain, skin issues, and unexplained dizziness and nausea, which had taken a toll on her quality of life for nearly a decade.

Despite many attempts, provider visits, and tests she couldn't get answers or relief. Frustrated, helpless, and in pain, Ann reached out to Summus for answers.

Member impact

Ann was quickly connected with Colleen Tenan, MD. Dr. Tenan listened intently to Ann's concerns and symptoms and worked with her to develop a thoughtful path forward that addressed all of her health concerns.

For her anxiety, Dr. Tenan recommended mental health navigation. Summus connected Ann with Dr. Melissa Castro, Summus Clinical Advisor, who curated a list of therapists specializing in generalized anxiety disorder to help her find the right care.



Thank you so much! The consultations were incredibly helpful and for the first time I feel like I'm getting my life back on track and finally feeling like my old self again.